

## Incoming Student Health, Immunization and TB screening Requirements

Dear Student:

Congratulations on being accepted into one of the degree or certificate programs at Weill Cornell Medicine!

Weill Cornell Medicine Student Health Services (SHS) is committed to providing accessible, compassionate, cost-effective and high-quality health care and education that meets the unique primary health care needs of students, enhances your personal growth and development and supports other University goals and objectives. Our vision is to serve as your medical home during the time you are a student and to be your primary resource for occupational health, preventive medicine and primary care.

For students who pay the annual student health fee, SHS offers an array of primary care, occupational medicine and preventive health services including physical examinations, chronic disease management, treatment of acute illness, routine gynecologic care and contraceptive management, immunizations and management of body fluid exposures. A physician is also on call by phone during off-hours for health emergencies. Our nurse administrator oversees our immunization program and compliance with state and institutional guidelines. The student mental health and counseling services are available to provide you with high quality and confidential mental health services. We treat your health information with the utmost respect for your privacy and confidentiality as required by law.

Please review these pre-registration materials as there are a number of requirements you must meet before you can attend classes, work in a lab or be around patients. We strongly encourage you to meet these requirements with your current health care provider to avoid any delay in registration and initiation of coursework.

We look forward to a healthy and productive partnership.

Sincerely, Edgar Figueroa, MD, MPH, FAAFP Director of Student Health Weill Cornell Medicine

## **Important Information**

Document Submission DeadlineSummer 2019 (start on/around 7/1):6/3/2019Fall 2019 (start on/around 8/19):7/15/2019Spring 2020 (start on/around 2/24):1/27/2020

<u>Contact Information</u> For general questions: (646) 962-6942 or shs@med.cornell.edu SHS Website: shs.weill.cornell.edu

For submission of preregistration requirements: USPS Address: Student Health Services, 1300 York Ave Box 258, New York, NY 10065

KEEP A COPY/SCAN OF ALL DOCUMENTS SUBMITTED IN EVENT THERE IS AN ISSUE WITH THE MAIL

## Do NOT fax or email documents

## New Student Pre-Registration Requirements

□ **Patient Registration Form** - allows us to create your chart in our electronic medical record (1 page)

□ Health History – complete the medical and mental health history questionnaire (4 pages)

□ **Physical Exam** – provide documentation of a physical examination performed by a physician, nurse practitioner or physician assistant unrelated to you performed within the 12 months prior to your start date. Documentation of a completed physical exam from an electronic medical record is acceptable otherwise, have the form available in this packet completed and stamped by your health care provider. (1 page)

□ **Meningococcal Meningitis Response Form** – Read the enclosed information regarding meningococcal disease and review and complete the meningococcal response form. (1 page)

□ **Immunization Form** - Have the form in this packet completed and signed/stamped by your health care provider. (3 pages + attachments)

## □ Section 1: Measles (Rubeola), Mumps, Rubella (MMR)

- 2 doses of MMR vaccine administered at least 28 days apart with the first dose being after your 1<sup>st</sup> birthday
   OR
- Two doses of measles, two doses of mumps and one dose of rubella OR

• Serologic proof of immunity (preferred)

## □ Varicella

- 2 doses of varicella vaccine administered at least 28 days apart after your 1<sup>st</sup> birthday OR
- Serologic proof of immunity (*preferred*). History of disease is not sufficient documentation.

□ Section 2: Hepatitis B – [documentation of three doses single or combined antigen hep B vaccine OR 2 dose of adjuvant HepB-CpG] AND post-vaccination measurement of Hepatitis B surface antibody

If post-vaccination antibody is non-reactive or equivocal, a Hepatitis B surface antigen test is required. If this is negative, you must receive an additional dose of Hepatitis B vaccine. If you have already received two complete courses of hepatitis B vaccine, provide dates of all doses of vaccine and all negative lab reports.

□ Section 3: Hepatitis C – lab report required with test dated within six months of program start date. If hepatitis C antibody is positive, a quantitative hepatitis C RNA test is required within six months of program start date.

## □ Section 4: Tetanus, diphtheria, acellular Pertussis (Tdap)

- One-time adult dose of Tdap vaccine is required regardless of date of last tetanus dose. Tdap dose must have a date after 2005.
- Td (tetanus/diphtheria) or Tdap boosters every 10 years thereafter

□ Section 5: Polio vaccine – date and formulation of most recent dose.

□ Section 6: Meningitis vaccine - date and formulation of most recent dose(s) of meningococcal vaccine.

## □ Section 7: TB Screening

- Two PPD (tuberculosis screening) skin tests administered 9-31 days apart, within six months of program start date.
  - Note: PPDs administered within 30 days after administration of a live-vaccine are not considered valid.
- Interferon Gamma Release Assays (IGRA) are acceptable for students who have received BCG vaccine and not involved in patient contact.

X At this time, we do not accept IGRA blood tests (i.e. Quantiferon or T-spot) in lieu of skin tests for students involved with patient contact.

For people with a positive tuberculosis skin test or IGRA:

• You must complete a TB symptom questionnaire

- If you did not complete therapy for active or latent TB you must submit date and size in mm of induration of your skin test, and report of a chest x-ray completed in the last 12 months **OR**
- If completed therapy for active or latent TB, submit date and size in mm of induration of your skin test, report of x-ray completed at time of your conversion, and record of latent TB infection treatment.

## $\hfill\square$ Section 8: Optional Vaccines – date and formulations of other recommended but not required vaccinations

## □ Section 9: Attestation – clinician signature and office stamp required.

 $\Box$  **Respirator Questionnaire** (PA, MD, and MDPHD students only – 2 pages) – complete and return the respirator medical evaluation questionnaire. A respirator (sometimes called "a duckbill") is a mask that can provide protection against certain bacterial and viral illness in the patient care setting. The mask must be "fit tested" to make sure there's a good seal but that can't happen unless we have this questionnaire completed.

## **Instructions**

- 1. Complete all "self-report" documents Patient Registration, Health History, Meningitis Waiver, Respirator (clinical students only)
- 2. Collect prior immunization records, titers, TB test and x-ray results. If these services were received outside of the U.S. documentation must be provided in English. Dates should be completed in mm/dd/yyyy format. Lab reports must include your name, date, name/location of laboratory, results and reference ranges. *Screen shots or flow sheets from electronic record systems are not adequate documentation*.
- 3. Arrange a visit with your healthcare provider. Show them these requirements. Get your Physical Exam and Immunization forms completed. You may need blood tests to measure serologic immunity as outlined above. You will need to complete your tuberculosis testing.

It is important these requirements are met <u>as outlined in this document</u> since requirements for health science students are much stricter than the general population.

4. After all requirements are satisfied, all forms signed and/or stamped, make a copy (or scan) of all materials for your records and then mail the originals to us by the appropriate deadline.

5. We will review all materials to verify compliance with our requirements. Note that if submitted documents do not meet our standards, you will be required to repeat missing requirements at SHS at your expense.

## **Frequently Asked Questions**

## What if I can't meet the submission deadline?

You may not be able to register for coursework. Students with immunization deficiencies may be removed from academic activities under New York State law.

## I currently work or volunteer at a hospital. Can I use an Occupational/Employee Health Report to meet my requirements?

No. While it is useful information, it does not by itself meet our health requirements. You should have your healthcare provider complete our immunization form, and when possible, submit lab tests of immunity.

## I had varicella (chicken pox) as a child. Do I really need a titer?

Immunity to varicella at our campus is demonstrated by positive lab test for varicella antibodies, or documentation of 2 doses of varicella vaccine administered 30 days apart, after your first birthday.

## I've received BCG vaccine and have been told I should not get a skin test. Do I really need a PPD? How about a blood test for TB?

Our main clinical partner requires documentation of TB skin tests for students involved in patient contact. Prior immunization with BCG does not preclude testing for latent tuberculosis via skin test. While some of our affiliates might accept an interferon gamma release assay ("tb blood test") we must have skin test results on file.

## Can't I just do all this when I get to campus?

No. Students must address requirements prior to arrival to campus. Those with significant deficiencies may have registration holds. <u>Students not meeting immunization and meningococcal disease report requirements under NYS law within 30 days of the start of class may be placed on administrative leave.</u>

## I completed everything as instructed but I am told I still have deficiencies. What does this mean?

All submitted materials must meet our documentation standards and anything that doesn't will not count towards meeting your requirements. In the event you are told you have a deficiency you will be provided with instructions on how to resolve your issue.

## Where can I learn more about Student Health Services?

Visit http://shs.weill.cornell.edu to learn about our services, financial policy, and other important administrative information.

## Am I required to pay a fee for Student Health Services?

All students in the MD, MDPHD, MSHS PA and PHD programs are required to pay a student health services fee and have access to all student health, mental health and counseling services. Students in a Master's Degree program or certificate program may opt of the health service fee under certain circumstances, but are still required to submit health forms, immunization records and will be charged an administrative document fee. Students who only pay an administrative document fee will not be eligible for any clinical services.

## Where can I learn more about the student health insurance plan?

Student Health Services does not administer the insurance plan. you will get more information about the health insurance plan, waiver process and optional dental and vision programs from your academic program. You may also visit https://www.gallagherstudent.com/WCMC.

## What insurance program does Student Health Services participate in?

SHS does not participate in any insurance plans. All students who pay the health services fee, regardless of insurance, have access to Student Health Services. Insurance is required for prescriptions, labs and imaging tests, and any healthcare services provided outside of the student health center.

## Am I required to have a flu vaccine?

Flu vaccine is required for all students with patient contact. All students who have patient contact and who start school between September and March must provide documentation of receipt a flu vaccine for the current season. Documentation must include the date, and name and address of the vaccine provider. Flu vaccine is provided yearly at no cost to eligible students.

## Is meningitis vaccination required?

Meningitis vaccination is not required for attendance but we are required to provide you information about meningococcal disease and the availability of vaccines. Men ACYW is not routinely available at SHS. Men B vaccine is not available at SHS. The following pages provide information regarding meningococcal disease from the New York State Department of Health.

## I am currently employed at Weill Cornell Medicine and/or New York Presbyterian Hospital. Do I still need to do all of this?

Yes – Student Health Services does not have access to employee health records.

## **Meningococcal Disease Fact Sheet**

Last Reviewed: August 2018

- The Meningococcal Disease Fact Sheet is also available in Portable Document Format (PDF, 90KB)
- <u>Meningococcal Vaccine School Requirement</u>

## What is meningococcal disease?

Meningococcal disease is caused by bacteria called Neisseria meningitidis. It can lead to serious blood infections. When the linings of the brain and spinal cord become infected, it is called meningitis. The disease strikes quickly and can have serious complications, including death.

Anyone can get meningococcal disease. Some people are at higher risk. This disease occurs more often in people who are:

- Teenagers or young adults
- Infants younger than one year of age
- Living in crowded settings, such as college dormitories or military barracks
- Traveling to areas outside of the United States, such as the "meningitis belt" in Africa
- Living with a damaged spleen or no spleen or have sickle cell disease
- Being treated with the medication Soliris® or, who have complement component deficiency (an inherited immune disorder)
- Exposed during an outbreak
- Working with meningococcal bacteria in a laboratory

## What are the symptoms?

Symptoms appear suddenly – usually 3 to 4 days after a person is infected. It can take up to 10 days to develop symptoms.

Symptoms may include:

- A sudden high fever
- Headache
- Stiff neck (meningitis)
- Nausea and vomiting
- Red-purple skin rash
- Weakness and feeling very ill
- Eyes sensitive to light

## How is meningococcal disease spread?

It spreads from person-to-person by coughing or coming into close or lengthy contact with someone who is sick or who carries the bacteria. Contact includes kissing, sharing drinks, or living together. Up to one in 10 people carry meningococcal bacteria in their nose or throat without getting sick.

## Is there treatment?

Early diagnosis of meningococcal disease is very important. If it is caught early, meningococcal disease can be treated with antibiotics. But, sometimes the infection has caused too much damage for antibiotics to prevent death or serious long-term problems. Most people need to be cared for in a hospital due to serious, life-threatening infections.

## What are the complications?

Ten to fifteen percent of those who get meningococcal disease die. Among survivors, as many as one in five will have permanent disabilities. Complications include:

- Hearing loss
- Brain damage
- Kidney damage
- Limb amputations

## What should I do if I or someone I love is exposed?

If you are in close contact with a person with meningococcal disease, talk with your healthcare provider about the risk to you and your family. They can prescribe an antibiotic to prevent the disease.

## What is the best way to prevent meningococcal disease?

The single best way to prevent this disease is to be vaccinated. Vaccines are available for people 6 weeks of age and older. Various vaccines offer protection against the five major strains of bacteria that cause meningococcal disease:

- All teenagers should receive two doses of vaccine against strains A, C, W and Y, also known as MenACWY or MCV4 vaccine. The first dose is given at 11 to 12 years of age, and the second dose (booster) at 16 years.
  - It is very important that teens receive the booster dose at age 16 years in order to protect them through the years when they are at greatest risk of meningococcal disease.
- Teens and young adults can also be vaccinated against the "B" strain, also known as MenB vaccine. Talk to your healthcare provider about whether they recommend vaccine against the "B" strain.
- Others who should receive meningococcal vaccines include:
  - Infants, children and adults with certain medical conditions
  - People exposed during an outbreak
  - Travelers to the "meningitis belt" of sub-Saharan Africa
  - Military recruits
- Please speak with your healthcare provider if you may be at increased risk.

## Who should not be vaccinated?

Some people should not get meningococcal vaccine or they should wait.

- Tell your doctor if you have any severe allergies. Anyone who has ever had a severe allergic reaction to a previous dose of meningococcal vaccine should not get another dose of the vaccine.
- Anyone who has a severe allergy to any component in the vaccine should not get the vaccine.
- Anyone who is moderately or severely ill at the time the shot is scheduled should probably wait until they are better. People with a mild illness can usually get the vaccine.

## What are the meningococcal vaccine requirements for school attendance?

- For grades 7 through 9 in school year 2018-19: one dose of MenACWY vaccine. With each new school year, this requirement will move up a grade until students in grades 7 through 11 will all be required to have one dose of MenACWY vaccine to attend school.
  - 2019-20: grades 7, 8, 9, and 10
  - 2020-21 and later years: grades 7, 8, 9, 10, and 11
  - For grade 12: two doses of MenACWY vaccine
    - The second dose needs to be given on or after the  $16^{\text{th}}$  birthday.
    - Teens who received their first dose on or after their 16<sup>th</sup> birthday do not need another dose.

## **Additional Resources:**

- Meningococcal Disease Centers for Disease Control and Prevention (CDC)
- <u>Meningococcal Vaccination</u> (CDC)
- <u>Meningococcal ACIP Vaccine Recommendations</u> (CDC)
- <u>Travel and Meningococcal Disease</u> (CDC)
- <u>Information about Vaccine-Preventable Diseases</u>



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## Patient Registration Form

Please print all entries. This information will be used to register you in the Weill Cornell Medicine enterprise medical record. At your first visit or contact with Student Health Services you will be required to provide additional information regarding source of payment for services (coverage) and guarantor (responsible party.) The only individuals with access to the information on this form are patient registration staff, practice administrators, your care providers and the people involved in quality improvement and oversight. Registration information is not shared with your academic program. The confidentiality of this information is protected by law.

PATIENT DEMOG	RAPHICS				
NAME (AS LISTED ON	I IDENTIFICATION)	PREFERRED NAME		DATE OF BIRTH	
Last, First				(mm/dd/yyyy)	
SEX ASSIGNED AT	SEX LISTED WITH	WHAT IS YOUR GEND			
BIRTH**	HEALTH			PRONOUNS	
DIVITI	INSURANCE**			□ SHE/HER □ ZE/	/HIR □HE/HIS/HIM
□ FEMALE					
□ MALE	□ FEMALE			Other	
				(specify)	
STREET ADDRESS (N	o., street, apt #)		CITY	STATE	ZIP CODE
••••••				•=	
COUNTRY	HOME PHONE	CELL PHONE	E-MAIL ADDRESS	•	•
HISPANIC ETHNICITY	?***	RACE***	ADDITIONAL RACE***	ETHNICITY***	
	NKNOWN		NACE		
DECLINE					
WHAT IS YOUR PREF	ERRED SPOKEN	Do you require an	RELATIONSHIP STAT	US (choose one)	RELIGION
LANGUAGE FOR HEA	LTH CARE	interpreter?	Divorced Domestic Partnership		
INSTRUCTIONS?		□YES	□Legally Separated		
		□NO		wn   Other	
EMEDOENCY CO					
EMERGENCY CO		ADDRESS (No. Street	apt#, city, state, zip code	)	
FULL NAME CONTAC	1 #1	ADDRESS (NO., Sileei,	api#, oily, state, zip code	;)	
HOME PHONE	WORK NUMBER	CELL PHONE	RELATIONSHIP TO PA	TIENT	
FULL NAME CONTACT #2		ADDRESS (No., Street	, apt#, city, state, zip co	de)	
HOME PHONE		CELL PHONE	RELATIONSHIP TO PA		
		CELL PHONE	RELATIONSHIP TO PA		
	1	1	1		1

□ Please check here if you have ever been a patient, student, or employee at NewYork-Presbyterian Hospital-Weill Cornell Medical Center or Weill Cornell Physicians at Weill Cornell Medical College.

\*\* Regarding Sex: Our EMR requires biological sex for patient registration, but we recognize sex/gender is not binary.

\*\*\* Regarding Race/Ethnicity/Language/Religion:

We want to make sure that all our patients get the best care possible. We would like you to tell us your racial and ethnic background as well as your preferred language so that we can review the treatment that all patients receive and make sure that everyone gets the highest quality of care. You may decline to answer if you wish.



### **Medical and Mental Health History**

The matriculating student must complete this form. All information disclosed on this form will be scanned into our campuswide electronic medical record. Medical record information is confidential and will not be released outside Weill Cornell Medicine without your permission except as required by law. Please return your completed forms to Student Health Services, using our mailing address, along with any supplemental medical information that will help us provide you the best possible care.

#### Part I: General information

Name:         First         MI           Last         First         MI           Date of birth (mm/dd/yyyy)         _//	Program:  MD MD/PhD MSHS PA PhD MS Program of Study (MS and PhD only) Male Female Transgender Other(specify)
Do you have any disabilities?  No Yes- Spectrum	ecify:
If yes, will you require accommodations?  No  Yo  Program)	Yes- Specify: (If yes, contact your

#### **Family History**

Are you adopted? I No I Yes

Blood relative Name	Current age	Age at death	Present health status; cause of death or any disease present
Parent 1:			
Parent 2:			
Sibling (sex)			
Sibling (sex)			
Sibling (sex)			

Have your blood relatives had any of the following?

	Y	Ν	Relationship		Y	Ν	Relationship
Alcoholism				Emotional problems			•
Allergies				Headaches			
Arthritis				Heart disease			
Asthma				High blood pressure			
Cancer				Kidney disease			
Cholesterol problem				Intestinal problems			
Depression				Learning disabilities			
Diabetes				Lung disease/TB			
Drug/Substance Abuse				Stomach disease			
Epilepsy/convulsions				Stroke			

## NAME\_\_\_\_\_

#### Part II: Medical History

1. Describe any ongoing health problems or conditions requiring medical care.

·····			
Have you ever had any of the following	Yes	No	Details: Identify question by number, include diagnosis, age or dates, and treatment
2. Adverse or allergic reaction to any medication			age of dates, and treatment
<ol><li>Adverse or allergic reaction to latex</li></ol>			
. Allergic reaction to food, insect bites, or other			
. Mononucleosis (Mono)			
6. Mumps			
German measles (Rubella)			
. Hard measles (Rubeola)			
. Chicken pox			
0. Tuberculosis			
1. Hospitalization			
<ol><li>X-ray therapy to the head or neck</li></ol>			
3. Operation or serious injury			
4. List any medications with doses (prescription and non-prescription), and supplements, you use			
the following: 15. Serious disease of eye, ears, nose, or throat 16. Lung disease, asthma, persistent cough, or shortness of breath 17. High blood pressure, rheumatic fever, heart			
nurmur, heart attack or other disorder of heart or lood vessels			
8. Frequent or severe headaches or convulsions, r a severe head injury			
9. Frequent or severe abdominal pain, hepatitis, problems with bowel movements, rectal bleeding, or other intestinal problem			
0. Sugar, protein, or blood in urine, or bladder or idney problem.			
<ol> <li>A sexually transmitted infection (STI)</li> </ol>			
2. Diabetes, thyroid, or other endocrine disorder			
<ol><li>Anemia or other disorder of the blood</li></ol>			
<ol> <li>Bone, joint, or muscle problem; back pain;</li> </ol>			
thritis; physical deformity or paralysis	_		
5. Hay fever, hives, or other allergy			
6. Severe acne, eczema, or other skin disorder			
7. Cancer or other tumor			
8. A disorder not listed above (specify)			

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NAME				
	Yes	s	No	
Social Habits. Do you				
29. Drink alcoholic beverages? (Specify type and				
average number of drinks per week)			<b>_</b>	
30.Have any religious/spiritual beliefs that may				
impact your healthcare? Specify			•	
<ul><li>31. Have a special diet? (Explain)</li><li>32. Use tobacco? □ Never Smoker □ Current \$</li></ul>				. If Current/Former, indicate what how
much how long (years) Please in				
33. Use smokeless tobacco? □ Never Used □C	urrent l	User	Former User	Type: Source States Source States State
34. Use recreational drugs? □ Never Used □C				
Sexual and Reproductive Health	Yes	No	Not Applicable	Details: Identify question by number, include diagnosis, age or dates, and treatment
35. Have you ever had a menstrual disorder or				diagnosis, age of dates, and treatment
disorder of the female organs?	_	-	-	
36. Have you ever had any disorder of the penis,				
testicles, or prostate?				
37. Have you ever had a pelvic exam and cervical				
Pap smear? (Specify dates and findings of your most recent exam; you can have your physician				
send copies)				
38. Do you do a monthly breast self-exam?				
39. Do you do a monthly testicular self-exam?				
40. Are you sexually active?				
41. Do you use condoms consistently with your				
sexual partners?	—	—	_	
42. Do you use hormonal contraception?				
43. Do you use any other form of contraception?				
(Please specify)				
Part III: General Wellness Information	_	-		
Do you regularly engage in any form of exercise		[		
Do you have any major health concerns as you come to Weill Cornell		[		
Is there anything else you wish to share with us				
that hasn't been covered? Use blank space		[	2	
below.	_			

#### Name \_\_\_\_\_

#### Part IV: Mental Health History

1. Describe any medical or mental health problems or conditions that have required psychological or psychiatric care.

Have you had or experienced any of the	Yes	No	Details: Identify question by number, include diagnosis,
following 2. Depression			age or dates, and treatment
3. An anxiety disorder			
An eating disorder			
5. Bipolar disorder			
5. Obsessive-compulsive disorder			
7. An anger management issue			
3. PTSD			
). ADD/ADHD			
0. A suicide attempt			
1. Thoughts of suicide			
2. Self harm (e.g., cutting)			
3. A sleep disorder			
4. Panic disorder			
5. A learning disability			
6. An anti-social or conduct disorder			
7. Alcohol or substance abuse or dependence			
8. Are you taking or have you ever taken	_	_	
nedication for any of the above?			
specify medication and dates)			
<ol> <li>Have you been hospitalized for a psychiatric disorder</li> </ol>			
20. Have you been treated for alcohol and/or drug			
addiction? (specify dates)			
21. Are you currently being treated by: a	_	_	
sychiatrist?			
A psychotherapist (counselor, psychologist, social			
vorker)			
Other mental health professional?			

I hereby certify that the above general, medical, wellness and mental health information is complete and accurate to the best of my knowledge.

Signed \_\_\_\_\_

\_ Date \_\_\_\_\_



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#### MATRICULATING STUDENT PHYSICAL EXAMINATION FORM

(Must be completed by a licensed physician, nurse practitioner or physician assistant who is <u>not</u> a relative)

Student Information:				
Name:			Program: 🗖 N	MD 🗆 MD/PhD 🗔 MSHS PA 🗔 PhD 🗔 MS
	First	MI		tudy (MS and PhD only)
Date of birth (mm/dd/yyy	y)//		🗆 Male 🗆 Fe	emale Transgender Other (specify)
History:				
Any significant past med				S:
Specify:				
		<del>,</del>		
Alcohol use: No	J Yes: Specify dr	inks/week:		
Tobacco use: INO	Yes: Specify ty	pe and amour		
Other drug use:  No Any allergies to medication				ion(a):
Any allergies to medicate		s. Specily age $\sim 2 \square N_0 \square V_c$	ni(S) and react	nt(s) and reaction(s):
				es, non-prescription medications, vitamins, herbals,
and supplements:			g contraceptive	
Physical Exam				
				Color Vision: Pass/Fail Correction? D No D Yes
Height: Weight:				
	Normal	Abnormal	Not Done	If abnormal, comments
General appearance				
Head				
Eyes				
Ears, Nose, Throat				
Neck				
Skin				
Lymph nodes				
Heart				
Lungs				
Abdomen				
Spine				
Extremities				
Neurological Exam				
				a potential risk to patients or others. □ No □ Yes s? □ No □ Yes: Specify:

Clinician	Exam Date (mm/dd/yyyy):	
Signature: Printed Name:	State and License Number:	
Office Address:	Office Fax:	
Office Telephone Office Stamp:	Onice Pax	

**Physical Examination** 

# Weill Cornell Medicine Student Health Services

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#### MENINGITIS INFORMATION RESPONSE FORM

New York State Public Health Law requires that all college and university students enrolled for at least six (6) semester hours or the equivalent per semester, or at least four (4) semester hours per quarter, complete and return the following form to:

Weill Cornell Medicine Student Health Services 1300 York Ave Box 258 New York, NY 10065

#### Check one box and sign below.

I have had meningococcal meningitis immunization within the past 5 years. The vaccine record is **attached**.

[Note: The Advisory Committee on Immunization Practices recommends that all first-year college students up to age 21 years should have at least one dose of Meningococcal ACWY vaccine not more than 5 years before enrollment, preferably on or after their 16<sup>th</sup> birthday, and that young adults aged 16 through 23 years may choose to receive the Meningococcal B vaccine series. College and university students should discuss the Meningococcal B vaccine with a healthcare provider.]

□ I have read, or have had explained to me the information regarding meningococcal disease. I will obtain immunization against meningococcal disease within 30 days from my private health care provider.

[Note: Routine meningococcal vaccination is **not** available at Weill Cornell Medicine Student Health Services but may be available from local retail pharmacies or other local healthcare providers in your insurance plan]

I have read, or have had explained to me, the information regarding meningococcal disease. I understand the risks of meningococcal meningitis and the benefits of immunization at the recommended ages. I have decided that I will <u>not</u> obtain immunization against meningococcal meningitis at this time.

Signature	Date Signed	
Printed Student's Name	Student Date of Birth	Student ID (if known)
Student's E-mail	Student's phone	

#### Student's Mailing Address

Source: New York State Department of Health - March 2019



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N	an	ne
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DOB \_\_\_\_\_

## Immunization History and Tuberculosis Screening

Inability to receive a vaccine for a *medical reason* (i.e. vaccine allergy) requires documentation from your physician. *Philosophical and religious exemptions are not available for health sciences students*. For students unable to obtain titers, clinician should document vaccination dates. Record all dates in MM/DD/YYYY format and <u>ATTACH ALL LAB AND CHEST X-RAY REPORTS</u>.

Section 1: Immunity to Me	asles, Mumps, Rubella,	, and Varicella	(attach lab reports -	not flowsheets)
<ul> <li>Measles Titer (igG)</li> </ul>	Result Date:	Result:	: 🗆 POS 🗆 NEG	
<ul> <li>Mumps Titer (IgG)</li> </ul>	Result Date:	Result:	: 🗖 POS 🖾 NEG	
	Result Date:			
Varicella Titer (lgG)	Result Date:	Result	: 🗆 POS 🗆 NEG	
Vaccination Dates:				
MMR #1 M	MR#2	MMR#3 (if give	en)	
Varicella #1 V	aricella #2	Varicella #3 (if	en) f given)	
□ Section 2: Immunity to He				
Documentation of completed H				
Hep B #1(da		(date)	Нер В #3	(date)
Brand if known: Hepatitis B Surface Antibody (Ig				
Hepatitis B Surface Antibody (Ig	JG) Result Date:	Result	: 🗆 Pos 🗆 Neg	
Hepatitis B Surface Antigen Res Additional Hep B doses (if initial Hep B #4(da Brand if known: Repeat Hepatitis B Surface Ant	post-immunization test A te) Hep B #5 ibody (IgG) Result Date: _	ND hep B surfac (date) 	ce antigen are negativ Hep B #6 Result:	(date)
□ Section 3: Testing for Hep				
HCV Antibody Test	Result Date:	Result		
□ Section 4: Immunity to Te	tanus and Pertussis			
Most recent Td booster	(date within last 10 yea	ars) Type: 🛛 Td	🗆 Tdap (Adacel o	r Boostrix)
Most recent Tdap	_ (must be after 2005)			
Section 5: Immunity to Po Most recent polio booster				
□ Section 6: Meningococcal				
<ul> <li>Meningitis A, C, W, Y</li> </ul>				
<ul> <li>Meningitis B Vaccinat</li> </ul>	on Dates:		Brand:	

Immunizations | 1

Please do not staple and do not print double sided

Name \_\_\_\_\_ DOB \_\_\_\_\_

□ Section 7: Tuberculosis Screening (skin test OR blood test) (attach IGRA report if done; attach chest x-ray report if done)

Note to clinician: If this student is enrolling in the MD, MDPHD or PA program and does not have a history of a prior positive TB skin test, the student must undergo 2-step tuberculin skin testing. If this student is in any other degree program and/or has received BCG vaccine, the student may undergo IGRA testing.

A cut-off of 10mm of induration is used to define a positive skin test in health care workers, including health science students, and a cut-off of 5 mm is used for patients on immunosuppressant medications or chronic condition affecting the immune system, as well as for those with a recent TB exposure. IGRAs and skin tests must not be performed within 30 days after administration of a live virus vaccine.

Date Placed		start of program): Size: (mm of in	duration) 🗆 POS 🗆 NEG
Tuberculin skin test#2 (w Date Placed OR		of program): Size: (mm of in	duration) 🗆 POS 🗆 NEG
	(date mus	st be within 90 days of start of	program) 🛛 POS 🗆 NEG
If tuberculin skin test or IG	RA is POSITIVE, clinician r	must complete the following:	
Chest X-ray	(date must be within	12 months of program start)	🕽 Normal 🗆 Not normal
Clinician: Please ask the IGRA only	se screening questions o	pe: (attach trea f the patient with a positive TI	
History of BCG?	🗆 Yes 🗆 No	Year:	Country:
Have you traveled and/or lived overseas in the past year?	🗆 Yes 🗆 No	If yes, where:	Most recent return date:
Have you worked in a prison or homeless shelter in the past year	🗆 Yes 🗆 No	Have you entered a TB isolation room in the past year?	🗆 Yes 🗖 No
Have you had exposure to a known case of TB in the past year?	🖬 Yes 🖬 No		
In the past six months ha	ave you experienced any o	of the following for <b>greater tha</b>	n three weeks?
Excessive sweating at night	🗆 Yes 🗆 No	Coughing up blood	🗆 Yes 🗆 No
		Hoarseness Persistent Fever	□ Yes □ No □ Yes □ No

Please do not staple and do not print double sided.

Name	DOB
------	-----

**Section 8: Optional Vaccines** – provide dates of the following if available.

- ٠ •
- •
- •
- •
- Yellow Fever .

#### □ Section 9: Attestation

I certify that I performed a physical exam on the above named student and reviewed immunization and tuberculosis screening records. This individual is in good health and is free of contagious disease. To the best of my knowledge this individual is free from any impairment which may jeopardize the health of patients, or which may interfere with the performance of his/her duties, including the habituation or addiction to depressants, stimulants, narcotics, alcohol, or other drugs or substances which may alter the individual's behavior. I attest that all dates, results, and immunizations listed on this form are correct and accurate.

Clinician Name and Title: \_\_\_\_\_ Office Address Stamp:

Signature:\_\_\_\_\_ Date: \_\_\_\_\_

Please remember to attach lab reports or lab result printouts from an EMR. Do not simply provide the patient with screen shots, Continuity-of-Care Records, or flowsheets. Thank you.

## **OSHA RESPIRATOR MEDICAL EVALUATION QUESTIONNAIRE**

(only for students with patient contact)

PLEASE ANSWER THIS QUESTIONNAIRE DURING NORMAL WORKING HOURS, OR AT A TIME AND PLACE THAT IS CONVENIENT TO YOU. TO MAINTAIN YOUR CONFIDENTIALITY RETURN THIS TO YOUR SUPERVISOR IN A SEALED ENVELOPE OR DIRECTLY TO STUDENT HEALTH SERVICES (SHS)

THE FOLLOWING INFORMATION MUST BE PROVIDED BY EVERY STUDENT TRAINEE WHO HAS BEEN SELECTED TO USE ANY TYPE OF RESPIRATOR. PLEASE PRINT, OR PLEASE CIRCLE ONE OF THE ANSWERS TO THE FOLLOWING QUESTIONS:

1. Today's date: 2. Nam	e & Date	of Birth	
<b>3.</b> Age (to nearest year): <b>4.</b> Sex	: Male	Female	<b>15.</b> Have y problems?
5. Height: ft in. 6. We	ight:	lbs.	problems:
7. Job title: HEALTH PROFESSIONS STUDEN	<u>1T</u>		<b>a.</b> Asbes <b>b.</b> Asthn
8. Academic Program:		_	<b>c.</b> Chror <b>d.</b> Emph
9. A phone number where you can be reached professional who reviews this questionnaire (in Code):			e. Pneu f. Tuber g. Silico h. Pneu
<b>10.</b> The best time to phone you at this number:			i. Lung j. Broke
<ol> <li>Circle the type of respirator you will use (you than one category): (students will usually use a. N, R, or P disposable respirator (filter-recartridge type only).</li> </ol>	e a.)		k. Any c I. Any c
<ul> <li>b. Other type (for example, half- or full-facep air purifying, supplied-air, self-contained b apparatus).</li> </ul>		, powered-	<b>16.</b> Do you pulmonary
<ul> <li>12. Have you worn a respirator (circle one): If "yes" what type(s) (circle all that apply):</li> <li>a. particulate respirator (isolation/TB mask/fi</li> <li>b. full face mask</li> <li>c. self-contained breathing apparatus</li> <li>d. other (explain)</li></ul>		<b>No</b>	a. Short b. Short walkin c. Short ordina d. Have level
<b>13.</b> Do you <i>currently</i> smoke tobacco, or have tobacco in the last month?	you smok <b>Yes</b>	ed <b>No</b>	e. Short
		No	f. Short
14. Have you ever had any of the following con	nditions?		<b>g.</b> Coug
<b>a.</b> Seizures (fits) <b>b.</b> Diabetes (sugar disease)	Yes Yes	No No	h. Coug
c. Allergic reactions that interfere with your b		No	i. Coug
<ul> <li>d. Claustrophobia (fear of closed-in places)</li> <li>e. Trouble smelling odors</li> </ul>	Yes Yes	No No	j. Coug k. Whee I. Whee m. n. Any c

**15.** Have you *ever had* any of the following pulmonary or lung problems?

a. Asbestosis	Yes	No
<b>b.</b> Asthma	Yes	No
c. Chronic bronchitis	Yes	No
d. Emphysema	Yes	No
e. Pneumonia	Yes	No
f. Tuberculosis	Yes	No
g. Silicosis	Yes	No
h. Pneumothorax (collapsed lung)	Yes	No
i. Lung cancer	Yes	No
j. Broken ribs	Yes	No
k. Any chest injuries or surgeries	Yes	No
I. Any other lung problem that you've been to	old about	
	Yes	No

**16.** Do you *currently* have any of the following symptoms of pulmonary or lung illness?

a. Shortness of breath	Yes	No
b. Shortness of breath when walking fast on le	0	
walking up a slight hill or incline	Yes	No
c. Shortness of breath when walking with othe	r people a	at an
ordinary pace on level ground	Yes	No
d. Have to stop for breath when walking at you	r own pa	ce on
level ground	Yes	No
e. Shortness of breath when washing or dress	ing yours	elf
C C	Yes	No
f. Shortness of breath that interferes with your	iob	
,	Ýes	No
g. Coughing that produces phlegm (thick sput	um)	
<b>3</b> 3	Yes	No
h. Coughing that wakes you early in the morning	na	
	Yes	No
i. Coughing that occurs mostly when you are		
1. Obugining that obours mostly when you are	Yes	No
j. Coughing up blood in the last month	Yes	No
	Yes	No
k. Wheezing		
I. Wheezing that interferes with your job	Yes	No
<b>m.</b> Chest pain when you breathe deeply	Yes	No
n. Any other symptoms that you think may be		0
problems	Yes	No

Source: Appendix C to Sec. 1910.134: OSHA Respirator Medical Evaluation Questionnaire

#### NAME

17. Have you ever had any of the following cardiovascular or heart problems?

a. Heart attack b. Stroke	Yes Yes	No No
	Yes	No
c. Angina		
d. Heart failure	Yes	No
<ul> <li>e. Swelling in your legs or feet (not caused by</li> </ul>	walking)	
	Yes	No
f. Heart arrhythmia (heart beating irregularly)		
	Yes	No
g. High blood pressure	Yes	No
h. Any other heart problem that you've been to	old about	
	Yes	No

18. Have you ever had any of the following cardiovascular or heart symptoms?

a. Frequent pain or tightness in your chest	Yes	No
b. Pain or tightness in your chest during physic	ical activity	/
	Yes	No
c. Pain or tightness in your chest that interfere	es with you	ır job
	Yes	No
<b>d.</b> In the past two years, have you noticed your heart skipping or		
missing a beat	Yes	No
e. Heartburn or indigestion that is not related	to eating	
	Yes	No
f. Any other symptoms that you think may be	related to	heart or
circulation problems:	Yes	No

**19.** Do you *currently* take medication for any of the following problems?

<ul> <li>Breathing or lung problems</li> </ul>	Yes	No
<b>b.</b> Heart trouble	Yes	No
c. Blood pressure	Yes	No
d. Seizures (fits)	Yes	No

**20.** If you've used a respirator, have you *ever had* any of the following problems? (If you've never used a respirator, check the following space and go to question 21 \_\_\_\_\_)

a.	Eye irritation	Yes	No
b.	Skin allergies or rashes	Yes	No
C.	Anxiety	Yes	No
d.	General weakness or fatigue	Yes	No
e.	Any other problem that interferes w	ith your use o	of a
	respirator	Yes	No

- 21. Would you like to talk to the health care professional who will review this questionnaire about your answers to this questionnaire? Yes No
- 22. Have you ever lost vision in either eye (temporarily or permanently)? Yes No
- 23. Do you currently have any of the following vision problems?

Source: Appendix C to Sec. 1910.134: OSHA Respirator Medical Evaluation Questionnaire

<ul> <li>a. Wear contact lenses</li> </ul>	Yes	No
<b>b.</b> Wear glasses	Yes	No
c. Color blind	Yes	No
d. Any other eye or vision problem	Yes	No

24. Have you ever had an injury to your ears, including a broken ear drum? Yes No

25. Do you currently have any of the following hearing problems?

a. Difficulty hearing	Yes	No
<b>b</b> . Wear a hearing aid	Yes	No
c. Any other hearing or ear problem	Yes	No

26. Have you ever had a back injury: Yes No

**27.** Do you *currently* have any of the following musculoskeletal problems?

a. Weakness in any of your arms, hands, legs, or feet		
	Yes	No
<b>b.</b> Back pain	Yes	No
c. Difficulty fully moving your arms and legs	Yes	No
d. Pain or stiffness when you lean forward or ba	ackward	at the
waist	Yes	No
e. Difficulty fully moving your head up or down	Yes	No
f. Difficulty fully moving your head side to side	Yes	No
g. Difficulty bending at your knees	Yes	No
<ol> <li>Difficulty squatting to the ground</li> </ol>	Yes	No
i. Climbing a flight of stairs or a ladder carrying	more th	an 25
lbs	Yes	No
j. Any other muscle or skeletal problem that int	erferes v	vith
using a respirator	Yes	No

Thank you. Your responses will be reviewed by a health care professional at Student Health and a determination made for medical suitability for respirator fit testing made. You will be notified if you require additional medical evaluation. Fit testing will be conducted by staff from WCMC's Office of Environmental Health & Safety.

#### SHS STAFF USE ONLY

□ Medically cleared for Fit Testing of N, R, or P disposable respirator (isolation/TB/filtermask, non-cartridge type only).

□ Medically cleared for other type (i.e. half or full-face piece type, powered-air purifying, SCBA).

□ Is NOT permitted to use a respirator.

Needs further medical interview in Student Health Services

□ Has specific use restrictions:

SHS Signature

Date

Respirator | 2